



Community Coaching

General Principles online course

Community coaches are vital to Australian sport. They play a major role in the experience of every participant and by giving back to the sport they love they ensure the experience is fun and inclusive for everyone.

To support coaches and the organisations that rely on them, the Australian Sports Commission offers the free Community Coaching General Principles online course that aims to build the confidence and skills of Australian coaches.

This course replaces the Beginning Coaching General Principles course.

What is covered in the course?

The four interactive modules guide coaches through the skills they need and encourages reflection on the kind of coach they want to be. The course covers:

- roles and responsibilities of a coach
- what makes an effective coach
- how to plan a fun, safe and engaging session
- effective communication skills
- working with parents.

Who can complete the course?

Coaches of all ages and levels, whether they are coaching their children or peers, are encouraged to complete the course. Basic computer skills will help, but no other qualifications or experience is required.

How long will it take to complete?

The course can take up to four hours to complete, but it doesn't need to be done in one sitting. Progress is saved and can be accessed at any time; once complete, coaches can log in and refer to the tools at any time.

How to register for the course?

Registration information can be found at learning.ausport.gov.au

On completion, do coaches receive anything?

On successful completion, coaches can print a certificate. The course also provides a link to an accreditation in some sports; to find out more about accreditation contact the state or national sporting organisation.

