



STATE TEAM POSITION DESCRIPTION

POSITION TITLE: Head Coach

REPORTS TO: Team Manager

LOCATION: Varied

Gymnastics QLD is the peak body responsible for the management, coordination, development and promotion of gymnastics in Queensland. Gymnastics QLD is an affiliate member of the Australian Gymnastics Federation.

Objectives:

The stated objectives of Gymnastics Queensland are to:

- Encourage, develop, promote and control Gymsports throughout the State of Queensland
- Establish and maintain, throughout Queensland, a uniform code of rules and regulations to govern Gymsports under its jurisdiction
- Develop a network of successful member clubs across Queensland to deliver quality Gymsports programs
- Provide services and support, to member clubs, coaches, judges and administrators, which is second to none.
- Encourage community health, welfare, physical education and research through gymnastics
- Regulate, supervise, coordinate and promote Gymsports activities, programs, competitions and events
- Facilitate cooperation between members of the Association and external organisations, bodies and individuals
- Promote membership of the Association and foster the interests of its members
- Affiliate with organisations and any other bodies to further the purposes of the Association
- Provide a means by which Clubs in Queensland can become affiliated to further these purposes

Position Objective:

The Head Coach is required to:

- Provide the best coaching available to ensure the state team competes at their highest level.

Specific Duties:

The Head Coach will perform the following duties:

- a) Disseminate any schedule changes and information distribution by the Team Manager to all Team Coaches of your designated Gymsport
- b) Relay any concerns/issues identified by the coaching team to the Team Manager
- c) Communicate with the Team Manager and request advice on training schedules and other items related to fitness and performance prior to departure.
- d) Liaise with the Team competitor's personal coach if appropriate and endeavour to obtain the necessary information to ensure the athlete is able to achieve their personal best.
- e) Establish an appropriate training program for the duration of the tour.
- f) Arrange, in conjunction with the Team Manager through Sports Medicine, any fitness testing necessary before departure.
- g) While on tour, the Head Coach with the other officials is responsible for the gymnasts' well-being – physical, mental, and emotional, their program, training, recreation, sleeping and meals.
- h) Supervise training, personal appearances, eating habits/diet, conducive to competition performance.
- i) Ensure a good Team spirit so that all gymnasts may participate and perform to their personal best.
- j) Consult with the Team Manager on all matters and specifically on any problems with Team Members.
- k) Ensure a full first aid/trainer's kit is carried.
- l) The Head Coach is responsible for submitting the order of work in accordance with the regulations. This will be determined in consultation with other Team Coaches and Team Manager.
- m) Accompany any athlete who originates from your Home Club for drug testing, if requested by the Team Manager.
- n) Accompany any athlete from your Gymsport for drug testing if requested by the Team Manager
- o) Liaise with the Team Manager pertaining to any specific details regarding Chaperone duties and transportation required by the Teams under your guidance.
- p) Prepare a written report on the tour and submit it to the Team Manager.
- q) Read, understand and comply with all relevant Gymnastics QLD policy and procedure with particular emphasis upon the Gymnastics QLD Member Protection & Child Protection Policies, including the Role Specific Codes of Conduct.

Attributes:

To be considered for this role you will be an experienced gymnastics coach with the required level of coaching accreditation. You will be a team player with a willingness to coach all athletes on the team. You will be responsible and will have the desire to represent QLD to the highest standard.

Reviews:

No later than two weeks following the completion of the event you will be required to submit a team report, in writing, to the Gymnastics QLD CEO. The report should contain feedback on areas that worked well, areas that need attention, and recommendations for future teams.